

| Worksheet                   | Banbury H  | Halesowen A&AC | Kettering Town H | Team Shrewsbury | Tipton Harriers | Worcester AC |
|-----------------------------|------------|----------------|------------------|-----------------|-----------------|--------------|
| <a href="#">Men Track1</a>  | 36         | 40             | 45               | 26              | 44              | 64           |
| <a href="#">Men Track2</a>  | 12         | 55             | 33               | 9               | 51              | 35           |
| <a href="#">Men Field</a>   | 73         | 79             | 94               | 28              | 69              | 72           |
| <a href="#">Women Track</a> | 43         | 46             | 74               | 17              | 79              | 62           |
| <a href="#">Women Field</a> | 68         | 62             | 76               | 30              | 53              | 86           |
| <a href="#">Relays</a>      | 28         | 14             | 25               |                 | 23              | 25           |
| <a href="#">Officials</a>   | 15         | 5              | 15               | 5               | 5               | 15           |
| <b>Grand Total</b>          | <b>275</b> | <b>301</b>     | <b>362</b>       | <b>115</b>      | <b>324</b>      | <b>359</b>   |

| Position | Team             | Points     |
|----------|------------------|------------|
| 1        | Kettering Town H | <b>362</b> |
| 2        | Worcester AC     | <b>359</b> |
| 3        | Tipton Harriers  | <b>324</b> |
| 4        | Halesowen A&AC   | <b>301</b> |
| 5        | Banbury H        | <b>275</b> |
| 6        | Team Shrewsbury  | <b>115</b> |

**PLA**  
More than

Match Position after 37 Events

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**100m A string (Men)**

wind speed  m/s

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Kyle Ennis        | Banbury H       | 1   | 10.6  |
| 2   | Peter Shand       | Tipton Harriers | 5   | 10.7  |
| 3   | Alex Bradnick     | Worcester AC    | 6   | 10.9  |
| 4   | Ashley McClintock | Kettering Town  | 3   | 11.1  |
| 5   | Steven Harris     | Halesowen A&A   | 2   | 11.3  |
| 6   | Matthew Jones     | Team Shrewsbu   | 4   | 11.5  |

**100m B string (Men)**

wind speed  m/s

| Pos | Athlete        | Club            | No. | Perf. |
|-----|----------------|-----------------|-----|-------|
| 1   | Jack Imray     | Tipton Harriers | 55  | 11.2  |
| 2   | Marcus Manton  | Worcester AC    | 66  | 11.4  |
| 3   | Tom Wain       | Banbury H       | 11  | 11.6  |
| 4   | Thomas Carvell | Kettering Town  | 33  | 11.7  |
| 5   | Samuel Mason   | Halesowen A&A   | 22  | 11.8  |
| 6   | Matthew Brown  | Team Shrewsbu   | 44  | 12.4  |

**200m A string (Men)**

wind speed  m/s

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Kyle Ennis        | Banbury H       | 1   | 21.4  |
| 2   | Peter Shand       | Tipton Harriers | 5   | 21.8  |
| 3   | Alex Bradnick     | Worcester AC    | 6   | 22.5  |
| 4   | Ashley McClintock | Kettering Town  | 3   | 22.7  |
| 5   | Matthew Jones     | Team Shrewsbu   | 4   | 23.3  |
| 6   | Steven Harris     | Halesowen A&A   | 2   | 23.6  |

**200m B string (Men)**

wind speed  m/s

| Pos | Athlete        | Club            | No. | Perf. |
|-----|----------------|-----------------|-----|-------|
| 1   | Jack Imray     | Tipton Harriers | 55  | 22.8  |
| 2   | Tom Wain       | Banbury H       | 11  | 23.8  |
| 3   | Marcus Manton  | Worcester AC    | 66  | 23.9  |
| 4   | Thomas Carvell | Kettering Town  | 33  | 24.1  |
| 5   | Samuel Mason   | Halesowen A&A   | 22  | 24.6  |
| 6   |                |                 |     |       |

**400m A string (Men)**

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Michael Simmonds  | Worcester AC    | 6   | 50.4  |
| 2   | Ashley McClintock | Kettering Town  | 3   | 50.8  |
| 3   | Greg Whitehouse   | Tipton Harriers | 5   | 52.1  |
| 4   | Albert Rowett     | Banbury H       | 1   | 53.4  |
| 5   | Russell Mumford   | Halesowen A&A   | 2   | 58.5  |
| 6   |                   |                 |     |       |

**400m B string (Men)**

| Pos | Athlete     | Club            | No. | Perf. |
|-----|-------------|-----------------|-----|-------|
| 1   | Thomas Dold | Worcester AC    | 66  | 53.2  |
| 2   | Sam Farmer  | Tipton Harriers | 55  | 53.7  |
| 3   | Harry Young | Kettering Town  | 33  | 54.1  |
| 4   | James Hoult | Halesowen A&A   | 22  | 57.2  |
| 5   |             |                 |     |       |
| 6   |             |                 |     |       |

**110m H A string (Men)**wind speed    m/s

| Pos | Athlete             | Club            | No. | Perf. |
|-----|---------------------|-----------------|-----|-------|
| 1   | Jamie Dean ( Milne) | Kettering Town  | 3   | 17.6  |
| 2   | Andrew Beeston      | Team Shrewsbu   | 4   | 17.6  |
| 3   | Paul Cave           | Halesowen A&A   | 2   | 19.8  |
| 4   | Martin Cherrington  | Tipton Harriers | 5   | 19.9  |
| 5   | Sean Mckee          | Worcester AC    | 6   | 23.8  |
| 6   | Ian Robinson        | Banbury H       | 1   | DNF   |

**110m H B string (Men)**wind speed    m/s

| Pos | Athlete        | Club          | No. | Perf. |
|-----|----------------|---------------|-----|-------|
| 1   | Andy poppleton | Worcester AC  | 66  | 17.9  |
| 2   | Matthew Brown  | Team Shrewsbu | 44  | 21.4  |
| 3   | Andrew Lloyd   | Halesowen A&A | 22  | 22.2  |
| 4   |                |               |     |       |
| 5   |                |               |     |       |
| 6   |                |               |     |       |

**400m H A string (Men)**

| Pos | Athlete             | Club           | No. | Perf. |
|-----|---------------------|----------------|-----|-------|
| 1   | Sean Mckee          | Worcester AC   | 6   | 60.7  |
| 2   | Paul Cave           | Halesowen A&A  | 2   | 62.9  |
| 3   | Matthew Brown       | Team Shrewsbu  | 4   | 66.2  |
| 4   | Jamie Dean ( Milne) | Kettering Town | 3   | 69.1  |
| 5   | Ian Robinson        | Banbury H      | 1   | 75.6  |
| 6   |                     |                |     |       |

**400m H B string (Men)**

| Pos | Athlete        | Club           | No. | Perf. |
|-----|----------------|----------------|-----|-------|
| 1   | Andrew Kinney  | Worcester AC   | 66  | 65.4  |
| 2   | Andrew Lloyd   | Halesowen A&A  | 22  | 71.0  |
| 3   | Thomas Carvell | Kettering Town | 33  | 87.2  |
| 4   |                |                |     |       |
| 5   |                |                |     |       |
| 6   |                |                |     |       |



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**800m A string (Men)**

| Pos | Athlete        | Club            | No. | Perf.  |
|-----|----------------|-----------------|-----|--------|
| 1   | Luke Vine      | Tipton Harriers | 5   | 2.01.0 |
| 2   | Mark Turner    | Halesowen A&A   | 2   | 2.01.5 |
| 3   | Albert Rowett  | Banbury H       | 1   | 2.01.5 |
| 4   | Josh Carr      | Worcester AC    | 6   | 2.04.4 |
| 5   | Jack Hope      | Kettering Town  | 3   | 2.05.4 |
| 6   | Andrew Beeston | Team Shrewsbu   | 4   | 2.07.7 |

**800m B string (Men)**

| Pos | Athlete       | Club            | No. | Perf.  |
|-----|---------------|-----------------|-----|--------|
| 1   | Thomas Dold   | Worcester AC    | 66  | 2.04.7 |
| 2   | Joseph Rogers | Halesowen A&A   | 22  | 2.07.3 |
| 3   | Ellis Sabin   | Tipton Harriers | 55  | 2.20.0 |
| 4   |               |                 |     |        |
| 5   |               |                 |     |        |
| 6   |               |                 |     |        |

**1500m A string (Men)**

| Pos | Athlete        | Club            | No. | Perf.  |
|-----|----------------|-----------------|-----|--------|
| 1   | Lewis Hayes    | Kettering Town  | 3   | 4.06.9 |
| 2   | Luke Vine      | Tipton Harriers | 5   | 4.07.9 |
| 3   | Max Parker     | Halesowen A&A   | 2   | 4.14.3 |
| 4   | Josh Carr      | Worcester AC    | 6   | 4.50.5 |
| 5   | Andrew Beeston | Team Shrewsbu   | 4   | 5.05.0 |
| 6   |                |                 |     |        |

**1500m B string (Men)**

| Pos | Athlete         | Club            | No. | Perf.  |
|-----|-----------------|-----------------|-----|--------|
| 1   | Philip Clamp    | Tipton Harriers | 55  | 4.18.9 |
| 2   | Joshua Timmins  | Halesowen A&A   | 22  | 4.21.8 |
| 3   | Matthew Stewart | Kettering Town  | 33  | 4.25.0 |
| 4   | Thomas Dold     | Worcester AC    | 66  | 4.58.6 |
| 5   | Shaun Owen      | Team Shrewsbu   | 44  | 5.35.3 |
| 6   |                 |                 |     |        |

**5000m A string (Men)**

| Pos | Athlete       | Club            | No. | Perf.   |
|-----|---------------|-----------------|-----|---------|
| 1   | Mark Hadley   | Halesowen A&A   | 22  | 16.32.9 |
| 2   | Nev Watson    | Tipton Harriers | 55  | 16.40.6 |
| 3   | Tom Offord    | Banbury H       | 1   | 17.34.7 |
| 4   | Phill Bullock | Worcester AC    | 6   | 19.54.9 |
| 5   | Peter Goringe | Kettering Town  | 33  | 21.43.7 |
| 6   |               |                 |     |         |

**5000m B string (Men)**

| Pos | Athlete         | Club            | No. | Perf.   |
|-----|-----------------|-----------------|-----|---------|
| 1   | Richard White   | Halesowen A&A   | 2   | 16.35.3 |
| 2   | John Millington | Tipton Harriers | 5   | 18.46.4 |
| 3   | Shane Smith     | Kettering Town  | 3   | 22.03.7 |
| 4   |                 |                 |     |         |
| 5   |                 |                 |     |         |
| 6   |                 |                 |     |         |

**2000m s/c A string (Men)**

| Pos | Athlete            | Club            | No. | Perf.  |
|-----|--------------------|-----------------|-----|--------|
| 1   | Sam Lloyd-Perks    | Halesowen A&A   | 2   | 7.06.4 |
| 2   | Christopher Davies | Tipton Harriers | 55  | 7.48.6 |
| 3   | Andrew Kinney      | Worcester AC    | 66  | 8.01.1 |
| 4   | Peter Goringe      | Kettering Town  | 33  | 8.54.4 |
| 5   |                    |                 |     |        |
| 6   |                    |                 |     |        |

**2000m s/c B string (Men)**

| Pos | Athlete           | Club            | No. | Perf.   |
|-----|-------------------|-----------------|-----|---------|
| 1   | Christopher Royal | Halesowen A&A   | 22  | 7.41.4  |
| 2   | Ellis Sabin       | Tipton Harriers | 5   | 8.02.8  |
| 3   | Phill Bullock     | Worcester AC    | 6   | 8.06.1  |
| 4   | Matthew Peleszok  | Kettering Town  | 3   | 11.53.9 |
| 5   |                   |                 |     |         |
| 6   |                   |                 |     |         |



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**Long Jump A string (Men)** wind speed    m/s

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Bradley Fox        | Kettering Town  | 3   | 6.16  |
| 2   | Alex Brown         | Banbury H       | 1   | 5.92  |
| 3   | Alex Wyer          | Halesowen A&A   | 2   | 5.77  |
| 4   | Matthew Brown      | Team Shrewsbu   | 44  | 5.52  |
| 5   | Thomas Dold        | Worcester AC    | 6   | 5.49  |
| 6   | Martin Cherrington | Tipton Harriers | 5   | 5.41  |

**Long Jump B string (Men)** wind speed    m/s

| Pos | Athlete         | Club            | No. | Perf. |
|-----|-----------------|-----------------|-----|-------|
| 1   | Jack Gill       | Banbury H       | 11  | 5.58  |
| 2   | Robert Pearsall | Tipton Harriers | 55  | 4.89  |
| 3   | Aidan Bailey    | Kettering Town  | 33  | 4.78  |
| 4   | Andy Poppleton  | Worcester AC    | 66  | 4.73  |
| 5   | Samuel Mason    | Halesowen A&A   | 22  | 4.64  |
| 6   | Shaun Owen      | Team Shrewsbu   | 4   | 3.58  |

**Triple Jump A string (Men)** wind speed    m/s

| Pos | Athlete             | Club            | No. | Perf. |
|-----|---------------------|-----------------|-----|-------|
| 1   | Edward O'hara       | Worcester AC    | 6   | 12.69 |
| 2   | Alex Wyer           | Halesowen A&A   | 2   | 12.01 |
| 3   | Jack Gill           | Banbury H       | 1   | 11.57 |
| 4   | Jamie Dean ( Milne) | Kettering Town  | 33  | 11.36 |
| 5   | Sam Owen            | Team Shrewsbu   | 4   | 10.92 |
| 6   | Ellis Sabin         | Tipton Harriers | 5   | 10.59 |

**Triple Jump B string (Men)** wind speed    m/s

| Pos | Athlete      | Club           | No. | Perf. |
|-----|--------------|----------------|-----|-------|
| 1   | Adam Turvey  | Halesowen A&A  | 22  | 11.09 |
| 2   | Aidan Bailey | Kettering Town | 3   | 10.77 |
| 3   | Thomas Dold  | Worcester AC   | 66  | 10.70 |
| 4   |              |                |     |       |
| 5   |              |                |     |       |
| 6   |              |                |     |       |

**High Jump A string (Men)**

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Martin Cherrington | Tipton Harriers | 5   | 1.80  |
| 2   | Mathew Didehvar    | Halesowen A&A   | 22  | 1.75  |
| 3   | Edward O'hara      | Worcester AC    | 6   | 1.75  |
| 4   | Bradley Fox        | Kettering Town  | 3   | 1.70  |
| 5   | Matthew Brown      | Team Shrewsbu   | 44  | 1.60  |
| 6   | Jack Gill          | Banbury H       | 11  | 1.55  |

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**High Jump B string (Men)**

| Pos | Athlete             | Club            | No. | Perf. |
|-----|---------------------|-----------------|-----|-------|
| 1   | Alex Wyer           | Halesowen A&A   | 2   | 1.75  |
| 2   | Jamie Dean ( Milne) | Kettering Town  | 33  | 1.65  |
| 3   | Sam Owen            | Team Shrewsbu   | 4   | 1.60  |
| 4   | Alex Brown          | Banbury H       | 1   | 1.55  |
| 5   | Luke Southall       | Worcester AC    | 66  | 1.50  |
| 6   | Ben Crumpton        | Tipton Harriers | 55  | 1.50  |

**Pole Vault A string (Men)**

wind speed    m/s

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Adam Turvey        | Halesowen A&A   | 2   | 3.80  |
| 2   | Martin Cherrington | Tipton Harriers | 5   | 3.00  |
| 3   | Peter Stewart      | Worcester AC    | 6   | 2.60  |
| 4   | Matthew Peleszok   | Kettering Town  | 3   | 2.40  |
| 5   | Ian Robinson       | Banbury H       | 1   | 2.10  |
| 6   |                    |                 |     |       |

**Pole Vault B string (Men)**

wind speed    m/s

| Pos | Athlete       | Club           | No. | Perf. |
|-----|---------------|----------------|-----|-------|
| 1   | Andrew Kinney | Worcester AC   | 66  | 2.50  |
| 2   | Bradley Fox   | Kettering Town | 33  | 2.40  |
| 3   |               |                |     |       |
| 4   |               |                |     |       |
| 5   |               |                |     |       |
| 6   |               |                |     |       |

**Shot Putt A string (Men)**

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Thomas Dempsey   | Halesowen A&A   | 2   | 11.15 |
| 2   | Matthew Peleszok | Kettering Town  | 3   | 11.08 |
| 3   | Sean Bastable    | Tipton Harriers | 55  | 9.99  |
| 4   | Perriss Wilkins  | Banbury H       | 1   | 9.81  |
| 5   | Peter Stewart    | Worcester AC    | 6   | 8.42  |
| 6   | Matthew Brown    | Team Shrewsbu   | 4   | 7.85  |

**Shot Putt B string (Men)**

| Pos | Athlete                | Club            | No. | Perf. |
|-----|------------------------|-----------------|-----|-------|
| 1   | Andy Mills             | Kettering Town  | 33  | 10.18 |
| 2   | Ian Robinson           | Banbury H       | 11  | 7.49  |
| 3   | Christopher Farrington | Tipton Harriers | 5   | 7.07  |
| 4   | Andrew Kinney          | Worcester AC    | 66  | 6.39  |
| 5   | Jason Howes            | Team Shrewsbu   | 44  | 6.17  |
| 6   | Christopher Royal      | Halesowen A&A   | 22  | 6.17  |

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**Discus A string (Men)**

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Perriss Wilkins    | Banbury H       | 1   | 46.78 |
| 2   | Andy Mills         | Kettering Town  | 33  | 35.48 |
| 3   | Martin Cherrington | Tipton Harriers | 5   | 23.33 |
| 4   | Andrew Kinney      | Worcester AC    | 66  | 20.97 |
| 5   | Adam Turvey        | Halesowen A&A   | 2   | 19.55 |
| 6   |                    |                 |     |       |

**Discus B string (Men)**

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Matthew Peleszok | Kettering Town  | 3   | 28.02 |
| 2   | Matt West        | Tipton Harriers | 55  | 20.97 |
| 3   | Albert Rowett    | Banbury H       | 11  | 17.95 |
| 4   | Peter Stewart    | Worcester AC    | 6   | 17.08 |
| 5   | Andrew Lloyd     | Halesowen A&A   | 22  | 11.81 |
| 6   |                  |                 |     |       |

**Hammer A string (Men)**

| Pos | Athlete         | Club            | No. | Perf. |
|-----|-----------------|-----------------|-----|-------|
| 1   | Thomas Dempsey  | Halesowen A&A   | 2   | 48.59 |
| 2   | Sean Bastable   | Tipton Harriers | 55  | 33.67 |
| 3   | Perriss Wilkins | Banbury H       | 11  | 31.40 |
| 4   | Andy Mills      | Kettering Town  | 3   | 28.37 |
| 5   | Peter Stewart   | Worcester AC    | 6   | 22.57 |
| 6   |                 |                 |     |       |

**Hammer B string (Men)**

| Pos | Athlete                | Club            | No. | Perf. |
|-----|------------------------|-----------------|-----|-------|
| 1   | Christopher Farrington | Tipton Harriers | 5   | 25.33 |
| 2   | Ian Robinson           | Banbury H       | 1   | 16.59 |
| 3   | Adam Henley            | Kettering Town  | 33  | 15.91 |
| 4   | Andrew Kinney          | Worcester AC    | 66  | 13.77 |
| 5   | Paul Cave              | Halesowen A&A   | 22  | 12.89 |
| 6   |                        |                 |     |       |

**Javelin A string (Men)**

wind speed    m/s

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Alex Brown       | Banbury H       | 1   | 41.65 |
| 2   | Matthew Peleszok | Kettering Town  | 3   | 36.38 |
| 3   | Sean Bastable    | Tipton Harriers | 55  | 29.60 |
| 4   | Jason Howes      | Team Shrewsbury | 4   | 28.88 |
| 5   | Andrew O'hara    | Worcester AC    | 66  | 25.35 |
| 6   | Joshua Timmins   | Halesowen A&A   | 2   | 22.95 |

**Javelin B string (Men)**

wind speed    m/s

| Pos | Athlete                             | Club           | No. | Perf.         |
|-----|-------------------------------------|----------------|-----|---------------|
| 1   | Aidan Bailey                        | Kettering Town | 33  | 30.50         |
| 2   | Peter Stewart                       | Worcester AC   | 6   | 22.72         |
| 3   | Andrew Lloyd                        | Halesowen A&A  | 22  | 15.27         |
| 4   |                                     |                |     |               |
| 5   |                                     |                |     |               |
| 6   | Program by: tony_J_noel@hotmail.com |                |     | Page 10 of 19 |

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**100m A string (Women)**

wind speed    m/s

| Pos | Athlete        | Club            | No. | Perf. |
|-----|----------------|-----------------|-----|-------|
| 1   | Anna Kelly     | Team Shrewsbu   | 4   | 13.4  |
| 2   | Eleanor Russon | Tipton Harriers | 5   | 13.4  |
| 3   | Gemma Elliott  | Kettering Town  | 3   | 13.6  |
| 4   | Beth Hope      | Banbury H       | 1   | 13.7  |
| 5   | Hannah Ashe    | Halesowen A&A   | 2   | 14.1  |
| 6   | Abigail Jones  | Worcester AC    | 6   | 14.2  |

**100m B string (Women)**

wind speed    m/s

| Pos | Athlete               | Club            | No. | Perf. |
|-----|-----------------------|-----------------|-----|-------|
| 1   | Shana Parker          | Banbury H       | 11  | 13.4  |
| 2   | Kirsty White          | Worcester AC    | 66  | 13.5  |
| 3   | Rianne Mckenzie-Jones | Halesowen A&A   | 22  | 13.6  |
| 4   | Lorna Milne           | Kettering Town  | 33  | 13.8  |
| 5   | Jo Cooper             | Tipton Harriers | 55  | 15.0  |
| 6   | Kirsten Howes         | Team Shrewsbu   | 44  | 15.7  |

**200m A string (Women)**

wind speed    m/s

| Pos | Athlete        | Club            | No. | Perf. |
|-----|----------------|-----------------|-----|-------|
| 1   | Siobhan Glover | Worcester AC    | 6   | 26.4  |
| 2   | Eleanor Russon | Tipton Harriers | 5   | 28.2  |
| 3   | Beth Hope      | Banbury H       | 1   | 28.5  |
| 4   | Sheena Britten | Kettering Town  | 3   | 29.4  |
| 5   | Hannah Ashe    | Halesowen A&A   | 2   | 29.5  |
| 6   |                |                 |     |       |

**200m B string (Women)**

wind speed    m/s

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Emily Adams       | Tipton Harriers | 55  | 28.0  |
| 2   | Alex Bartlett     | Halesowen A&A   | 22  | 28.8  |
| 3   | Alex Keyworth     | Kettering Town  | 33  | 29.2  |
| 4   | Charlotte Lickman | Worcester AC    | 66  | 30.2  |
| 5   |                   |                 |     |       |
| 6   |                   |                 |     |       |

**400m A string (Women)**

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Gemma Elliott      | Kettering Town  | 3   | 62.8  |
| 2   | Judith Buckley     | Halesowen A&A   | 2   | 65.2  |
| 3   | Beth Hope          | Banbury H       | 1   | 68.7  |
| 4   | Charlotte Fletcher | Tipton Harriers | 5   | 71.8  |
| 5   | Anna Szczapanska   | Worcester AC    | 6   | 72.2  |
| 6   |                    |                 |     |       |

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**400m B string (Women)**

| Pos | Athlete       | Club            | No. | Perf. |
|-----|---------------|-----------------|-----|-------|
| 1   | Emily Adams   | Tipton Harriers | 55  | 67.0  |
| 2   | Alex Keyworth | Kettering Town  | 33  | 68.9  |
| 3   | Alex Bartlett | Halesowen A&A   | 22  | 69.6  |
| 4   | Anna Little   | Worcester AC    | 66  | 70.3  |
| 5   |               |                 |     |       |
| 6   |               |                 |     |       |

**100m H A string (Women)** wind speed  m/s

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Lynsey Stevenson | Tipton Harriers | 5   | 18.6  |
| 2   | Hannah Cousins   | Banbury H       | 1   | 19.0  |
| 3   | Kirsty White     | Worcester AC    | 66  | 20.1  |
| 4   |                  |                 |     |       |
| 5   |                  |                 |     |       |
| 6   |                  |                 |     |       |

**100m H B string (Women)** wind speed  m/s

| Pos | Athlete        | Club         | No. | Perf. |
|-----|----------------|--------------|-----|-------|
| 1   | Pamela Murray  | Worcester AC | 6   | 20.2  |
| 2   | Claire Goodwin | Banbury H    | 11  | 24.1  |
| 3   |                |              |     |       |
| 4   |                |              |     |       |
| 5   |                |              |     |       |
| 6   |                |              |     |       |

**400m H A string (Women)**

| Pos | Athlete            | Club            | No. | Perf.  |
|-----|--------------------|-----------------|-----|--------|
| 1   | Pamela Murray      | Worcester AC    | 6   | 1.13.0 |
| 2   | Imogen Stokes      | Kettering Town  | 3   | 1.19.0 |
| 3   | Charlotte Fletcher | Tipton Harriers | 5   | 1.23.3 |
| 4   |                    |                 |     |        |
| 5   |                    |                 |     |        |
| 6   |                    |                 |     |        |

**400m H B string (Women)**

| Pos | Athlete           | Club            | No. | Perf.  |
|-----|-------------------|-----------------|-----|--------|
| 1   | Charlotte Lickman | Worcester AC    | 66  | 1.20.4 |
| 2   | Susannah Davies   | Tipton Harriers | 55  | 1.30.0 |
| 3   |                   |                 |     |        |
| 4   |                   |                 |     |        |
| 5   |                   |                 |     |        |
| 6   |                   |                 |     |        |

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**800m A string (Women)**

| Pos | Athlete            | Club            | No. | Perf.  |
|-----|--------------------|-----------------|-----|--------|
| 1   | Francesca Ashworth | Kettering Town  | 3   | 2.23.1 |
| 2   | Isobel Cotham      | Team Shrewsbu   | 4   | 2.24.1 |
| 3   | Megan Judge        | Worcester AC    | 6   | 2.41.5 |
| 4   | Susannah Davies    | Tipton Harriers | 5   | 3.51.1 |
| 5   |                    |                 |     |        |
| 6   |                    |                 |     |        |

**800m B string (Women)**

| Pos | Athlete       | Club           | No. | Perf.  |
|-----|---------------|----------------|-----|--------|
| 1   | Alex Keyworth | Kettering Town | 33  | 3.05.1 |
| 2   |               |                |     |        |
| 3   |               |                |     |        |
| 4   |               |                |     |        |
| 5   |               |                |     |        |
| 6   |               |                |     |        |

**1500m A string (Women)**

| Pos | Athlete        | Club            | No. | Perf.  |
|-----|----------------|-----------------|-----|--------|
| 1   | Phoebe Dodd    | Halesowen A&A   | 2   | 4.55.2 |
| 2   | Tory Mobley    | Banbury H       | 1   | 4.56.7 |
| 3   | Jessica Gordon | Kettering Town  | 3   | 5.03.0 |
| 4   | Isher Mander   | Tipton Harriers | 5   | 5.07.7 |
| 5   |                |                 |     |        |
| 6   |                |                 |     |        |

**1500m B string (Women)**

| Pos | Athlete            | Club           | No. | Perf.  |
|-----|--------------------|----------------|-----|--------|
| 1   | Francesca Ashworth | Kettering Town | 33  | 5.43.3 |
| 2   |                    |                |     |        |
| 3   |                    |                |     |        |
| 4   |                    |                |     |        |
| 5   |                    |                |     |        |
| 6   |                    |                |     |        |

**3000m A string (Women)**

| Pos | Athlete       | Club            | No. | Perf.   |
|-----|---------------|-----------------|-----|---------|
| 1   | Emily Monk    | Halesowen A&A   | 2   | 11.26.7 |
| 2   | Sophie Lynch  | Tipton Harriers | 55  | 12.15.5 |
| 3   | Imogen Stokes | Kettering Town  | 3   | 14.10.8 |
| 4   |               |                 |     |         |
| 5   |               |                 |     |         |
| 6   |               |                 |     |         |

**3000m B string (Women)**

| Pos | Athlete                             | Club            | No. | Perf.         |
|-----|-------------------------------------|-----------------|-----|---------------|
| 1   | Penelope Jane Barber                | Tipton Harriers | 5   | 12.55.8       |
| 2   |                                     |                 |     |               |
| 3   |                                     |                 |     |               |
| 4   |                                     |                 |     |               |
| 5   |                                     |                 |     |               |
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**Long Jump A string (Women)** wind speed    m/s

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Niamh Bailey      | Kettering Town  | 3   | 5.26  |
| 2   | Shannon Parker    | Banbury H       | 1   | 4.98  |
| 3   | Melanie Garland   | Worcester AC    | 6   | 4.25  |
| 4   | Lynsey Stevenson  | Tipton Harriers | 5   | 4.15  |
| 5   | Kirsten Howes     | Team Shrewsbu   | 4   | 3.20  |
| 6   | Catherine Dempsey | Halesowen A&A   | 2   | 2.16  |

**Long Jump B string (Women)** wind speed    m/s

| Pos | Athlete      | Club           | No. | Perf. |
|-----|--------------|----------------|-----|-------|
| 1   | Shana Parker | Banbury H      | 11  | 4.68  |
| 2   | Lorna Milne  | Kettering Town | 33  | 4.64  |
| 3   | Ceri Park    | Worcester AC   | 66  | 4.08  |
| 4   |              |                |     |       |
| 5   |              |                |     |       |
| 6   |              |                |     |       |

**Triple Jump A string (Women)** wind speed    m/s

| Pos | Athlete         | Club           | No. | Perf. |
|-----|-----------------|----------------|-----|-------|
| 1   | Anna Kelly      | Team Shrewsbu  | 4   | 11.77 |
| 2   | Shana Parker    | Banbury H      | 1   | 10.32 |
| 3   | Niamh Bailey    | Kettering Town | 3   | 10.32 |
| 4   | Melanie Garland | Worcester AC   | 66  | 8.37  |
| 5   |                 |                |     |       |
| 6   |                 |                |     |       |

**Triple Jump B string (Women)** wind speed    m/s

| Pos | Athlete        | Club           | No. | Perf. |
|-----|----------------|----------------|-----|-------|
| 1   | Shannon Parker | Banbury H      | 11  | 10.02 |
| 2   | Lorna Milne    | Kettering Town | 33  | 8.99  |
| 3   | Ruth Bird      | Worcester AC   | 6   | 7.63  |
| 4   |                |                |     |       |
| 5   |                |                |     |       |
| 6   |                |                |     |       |

**High Jump A string (Women)**

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Niamh Bailey      | Kettering Town  | 3   | 1.50  |
| 2   | Samantha Phillips | Banbury H       | 11  | 1.50  |
| 3   | Becky Donnelly    | Worcester AC    | 6   | 1.45  |
| 4   | Anna Kelly        | Team Shrewsbu   | 4   | 1.40  |
| 5   | Emily Adams       | Tipton Harriers | 5   | 1.25  |
| 6   | Judith Buckley    | Halesowen A&A   | 2   | 1.25  |

**High Jump B string (Women)**

| Pos | Athlete        | Club         | No. | Perf. |
|-----|----------------|--------------|-----|-------|
| 1   | Shannon Parker | Banbury H    | 1   | 1.45  |
| 2   | Siobhan Glover | Worcester AC | 66  | 1.25  |
| 3   |                |              |     |       |
| 4   |                |              |     |       |
| 5   |                |              |     |       |
| 6   |                |              |     |       |

**Pole Vault A string (Women)** wind speed    m/s

| Pos | Athlete        | Club          | No. | Perf. |
|-----|----------------|---------------|-----|-------|
| 1   | Becky Donnelly | Worcester AC  | 6   | 2.90  |
| 2   | Helen Webb     | Halesowen A&A | 2   | 2.70  |
| 3   |                |               |     |       |
| 4   |                |               |     |       |
| 5   |                |               |     |       |
| 6   |                |               |     |       |

**Pole Vault B string (Women)** wind speed    m/s

| Pos | Athlete   | Club         | No. | Perf. |
|-----|-----------|--------------|-----|-------|
| 1   | Ruth Bird | Worcester AC | 66  | 1.70  |
| 2   |           |              |     |       |
| 3   |           |              |     |       |
| 4   |           |              |     |       |
| 5   |           |              |     |       |
| 6   |           |              |     |       |

**Shot Putt A string (Women)**

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Daisy Gilbert    | Kettering Town  | 3   | 10.09 |
| 2   | Lynsey Stevenson | Tipton Harriers | 5   | 9.98  |
| 3   | Ruth Bird        | Worcester AC    | 6   | 8.57  |
| 4   | Alex Hale        | Halesowen A&A   | 2   | 8.08  |
| 5   | Kirsten Howes    | Team Shrewsbu   | 4   | 7.04  |
| 6   | Megan Davies     | Banbury H       | 1   | 6.96  |

**Shot Putt B string (Women)**

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Niamh Bailey      | Kettering Town  | 33  | 10.04 |
| 2   | Catherine Dempsey | Halesowen A&A   | 22  | 6.94  |
| 3   | Ceri Park         | Worcester AC    | 66  | 6.63  |
| 4   | Zoe Norgrove      | Tipton Harriers | 55  | 6.09  |
| 5   | Samantha Phillips | Banbury H       | 11  | 5.93  |
| 6   |                   |                 |     |       |

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**Discus A string (Women)**

| Pos | Athlete           | Club            | No. | Perf. |
|-----|-------------------|-----------------|-----|-------|
| 1   | Lynsey Stevenson  | Tipton Harriers | 5   | 28.06 |
| 2   | Harriet Sumnall   | Kettering Town  | 3   | 27.96 |
| 3   | Megan Davies      | Banbury H       | 1   | 27.50 |
| 4   | Ruth Bird         | Worcester AC    | 6   | 20.04 |
| 5   | Catherine Dempsey | Halesowen A&A   | 2   | 18.75 |
| 6   | Kirsten Howes     | Team Shrewsbu   | 4   | 15.31 |

**Discus B string (Women)**

| Pos | Athlete        | Club            | No. | Perf. |
|-----|----------------|-----------------|-----|-------|
| 1   | Zoe Norgrove   | Tipton Harriers | 55  | 20.67 |
| 2   | Ceri Park      | Worcester AC    | 66  | 17.48 |
| 3   | Daisy Gilbert  | Kettering Town  | 33  | 17.30 |
| 4   | Kate Gordon    | Halesowen A&A   | 22  | 15.90 |
| 5   | Hannah Cousins | Banbury H       | 11  | 11.07 |
| 6   |                |                 |     |       |

**Hammer A string (Women)**

| Pos | Athlete            | Club            | No. | Perf. |
|-----|--------------------|-----------------|-----|-------|
| 1   | Catherine Dempsey  | Halesowen A&A   | 2   | 35.23 |
| 2   | Megan Davies       | Banbury H       | 1   | 34.93 |
| 3   | Daisy Gilbert      | Kettering Town  | 3   | 34.00 |
| 4   | Ruth Bird          | Worcester AC    | 6   | 33.15 |
| 5   | Elizabeth Pearsall | Tipton Harriers | 5   | 23.51 |
| 6   |                    |                 |     |       |

**Hammer B string (Women)**

| Pos | Athlete         | Club            | No. | Perf. |
|-----|-----------------|-----------------|-----|-------|
| 1   | Kate Gordon     | Halesowen A&A   | 22  | 26.02 |
| 2   | Harriet Sumnall | Kettering Town  | 33  | 18.78 |
| 3   | Zoe Norgrove    | Tipton Harriers | 55  | 15.41 |
| 4   | Gill Repton     | Worcester AC    | 66  | 14.55 |
| 5   |                 |                 |     |       |
| 6   |                 |                 |     |       |

**Javelin A string (Women)**

wind speed    m/s

| Pos | Athlete          | Club            | No. | Perf. |
|-----|------------------|-----------------|-----|-------|
| 1   | Alex Hale        | Halesowen A&A   | 2   | 34.71 |
| 2   | Holly Wootten    | Worcester AC    | 6   | 34.09 |
| 3   | Lynsey Stevenson | Tipton Harriers | 5   | 28.71 |
| 4   | Anna Kelly       | Team Shrewsbu   | 4   | 26.35 |
| 5   | Niamh Bailey     | Kettering Town  | 33  | 26.22 |
| 6   | Claire Goodwin   | Banbury H       | 1   | 20.83 |

**Javelin B string (Women)**

wind speed    m/s

| Pos | Athlete                             | Club            | No. | Perf.         |
|-----|-------------------------------------|-----------------|-----|---------------|
| 1   | Helen Webb                          | Halesowen A&A   | 22  | 29.93         |
| 2   | Jan Timberlake                      | Worcester AC    | 66  | 24.97         |
| 3   | Susannah Davies                     | Tipton Harriers | 55  | 20.75         |
| 4   | Samantha Phillips                   | Banbury H       | 11  | 17.73         |
| 5   |                                     |                 |     |               |
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**Mens 4x100m**

| Pos | Athlete | Club            | No. | Perf. |
|-----|---------|-----------------|-----|-------|
| 1   |         | Tipton Harriers | 5   | 44.9  |
| 2   |         | Banbury H       | 1   | 45.1  |
| 3   |         | Worcester AC    | 6   | 46.4  |
| 4   |         | Kettering Town  | 3   | 47.2  |
| 5   |         | Halesowen A&A   | 2   | 47.8  |
| 6   |         |                 |     |       |

**Mens 4x400m**

| Pos | Athlete | Club            | No. | Perf.  |
|-----|---------|-----------------|-----|--------|
| 1   |         | Tipton Harriers | 5   | 3.34.5 |
| 2   |         | Kettering Town  | 3   | 3.41.1 |
| 3   |         | Banbury H       | 1   | 3.52.9 |
| 4   |         | Worcester AC    | 6   | 3.56.2 |
| 5   |         | Halesowen A&A   | 2   | 4.00.1 |
| 6   |         |                 |     |        |

**Womens 4x100m**

| Pos | Athlete | Club            | No. | Perf. |
|-----|---------|-----------------|-----|-------|
| 1   |         | Banbury H       | 1   | 54.6  |
| 2   |         | Worcester AC    | 6   | 55.3  |
| 3   |         | Halesowen A&A   | 2   | 55.3  |
| 4   |         | Tipton Harriers | 5   | 55.5  |
| 5   |         | Kettering Town  | 3   | 57.6  |
| 6   |         |                 |     |       |

**Womens 4x400m**

| Pos | Athlete | Club           | No. | Perf.  |
|-----|---------|----------------|-----|--------|
| 1   |         | Kettering Town | 3   | 4.22.4 |
| 2   |         | Worcester AC   | 6   | 4.41.0 |
| 3   |         | Banbury H      | 1   | 5.10.8 |
| 4   |         |                |     |        |
| 5   |         |                |     |        |
| 6   |         |                |     |        |

